



## **Coronavirus: Health Information for Families & Staff**

Atwood Heights SD 125 would like to provide families and staff with an update on COVID-19, commonly referred to as Coronavirus and share some additional information about steps the school district is taking as well as steps you can take to help prevent the spread of viruses. This web page will be updated as new information or guidelines are provided by public health officials. Thank you for your support and partnership as we work together to maintain a healthy learning environment.

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### **WHAT SD125 IS DOING**

AHSD125 is in regular contact with the Illinois Department of Public Health (IDPH) and the Centers for Disease Control (CDC) and will follow guidelines and best practices from those entities when it comes to responding to public health concerns, including Coronavirus and the flu.

AHSD125 has reviewed and updated our Pandemic Response Plan. We have also reviewed our cleaning and disinfecting guidelines for schools, to help prevent the spread of viruses, and have increased our inventory of cleaning and safety supplies should they become necessary. While we always strive to exceed the highest standards for cleaning and maintaining our school buildings, as a precautionary measure, we have modified some of our procedures to further enhance the safety of our staff and students to help prevent the spread of the virus. This includes increased frequency of our cleaning and disinfecting, concentrating on public areas, desks, seating, tables, restrooms, door handles, and much more.

AHSD125 will continue to monitor the situation with county and state health officials. Should our status change, the district will turn to IDPH and the CDC and follow any updated guidelines. In addition, we have an approved e-Learning Plan on file with the Cook County Regional Office of Education that all students and staff have been trained to access in the event we need to put our e-Learning Plan in place.

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### **WHAT YOU CAN DO**

Review good hygiene with your family to help keep them safe. Examples of some routine, everyday preventive actions to lessen the spread of viruses include:

- If a student or staff member is sick, do not come to school.
- Cover your mouth with your upper arm or a tissue when coughing or sneezing
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Clean and disinfect frequently touched objects and surfaces.

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## MORE INFORMATION

Stay informed and look for information on this virus and situation from reliable and trusted expert sources:

- [World Health Organization](#)
- [Coronavirus FAQ](#)
- [U.S. Centers for Disease Control and Prevention](#)
- [Illinois Department of Public Health](#)