

Lunch Menu

Hamlin Uper Grade Center

September
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

2	3 Fluffy Whole Grain Pancakes  Egg Patty Syrup Fresh Apple Baby Carrots Broccoli Florets Fresh Orange	4 Baked Chicken Tenders Fresh Apple Fresh Orange Celery Carrot Sticks	5 Crispy Chicken Sandwich Fresh Orange Grape Tomatoes Apple Slices Cucumber Coins	6 Cheese Pizza  Mixed Fruit Fresh Pear Broccoli Florets Celery
9 Cheeseburger Fresh Apple Fresh Orange Broccoli Florets Baby Carrots	10 Turkey Hot Dog on Bun Fresh Pear Cinnamon Applesauce Grape Tomatoes	11 Cheesy Stuffed Bread Sticks  Fresh Banana Baby Carrots Cucumber Coins Apple Slices	12 Nachos Grande Fresh Orange Carrot Sticks Grape Tomatoes Apple Slices	13 Cheese Pizza  Broccoli Florets Mixed Fruit Fresh Pear Celery
16 Chicken Nuggets Fresh Apple Fresh Orange Baby Carrots Broccoli Florets	17 Meatball Sandwich Fresh Pear Cinnamon Applesauce Grape Tomatoes	18 Classic Beef Burger Fresh Banana Baby Carrots Cucumber Coins Apple Slices	19 BBQ Chicken Sauce & Toss Fresh Orange Carrot Sticks Grape Tomatoes Apple Slices	20 Cheese Pizza  Garden Salad with Cheese Entree  Broccoli Florets Mixed Fruit Fresh Pear Celery
23 Cheesy Stuffed Bread Sticks  Fresh Apple Fresh Orange Baby Carrots Broccoli Florets	24 Nachos Grande Fresh Pear Cinnamon Applesauce Grape Tomatoes	25 1 - Crispy Chicken Sandwich Baby Carrots Fresh Apple Celery Fresh Pear	26 1 - Cheeseburger Fresh Orange Carrot Sticks Grape Tomatoes Apple Slices	27 1 - Cheese Pizza  Broccoli Florets Mixed Fruit Fresh Pear Celery

30 1 - Baked Chicken Tenders
Fresh Apple
Fresh Orange
Baby Carrots
Broccoli Florets



View this menu on the mobile app, FDMMealPlanner, or on the web at www.FDMMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

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