

MARCH 2020 LUNCH MENU- ATWOOD COLD MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pulaski Day No School</p> <p style="text-align: right;">2nd</p>	<p>Bagel Day</p> <p>WG Bagel 2 bread / Cream Cheese Fruit Yogurt ½ cup Mozzarella String Cheese 1 oz. Celery Sticks ½ c / Dressing Wango Mango Juice ½ cup Orange ½ cup</p> <p style="text-align: right;">3rd</p>	<p>Popcorn Chicken Salad 2 oz meat / 1 oz Bread Spinach Salad 1 cup / Ranch Dressing Cherry Tomatoes ½ cup WG Dinner roll Peach cup ½ cup</p> <p style="text-align: right;">4th</p>	<p>Italian Sandwich 1 oz cheese, 2 oz Turkey Breast, .5 oz Sliced Bologna. Potato Salad ½ cup Cucumbers ½ cup / Dressing WG Bread 2 each Pear ½ cup</p> <p style="text-align: right;">5th</p>	<p>Cheese Sandwich (2 oz Grain) WG Sub Roll / American Cheese 1 oz. Muenster Cheese 1 oz. Fresh Cauliflower ½ cup/Sliced Red Pepper ½ cup/ Dressing Applesauce ½ cup</p> <p style="text-align: right;">6th</p>
<p>Bagel Cheese Sandwich WG Bagel 2 bread / .5 oz American cheese/.5 Muenster cheese Fruit Yogurt ½ cup Diced Carrots ½ c / Dressing Wango Mango Juice ½ cup Orange ½ cup</p> <p style="text-align: right;">9th</p>	<p>Smoked Turkey Sandwich Turkey 2 oz. meat Romaine Salad 1 cup / Dressing (9g) Tomatoes ½ cup (4g) WG Bread 2 bread (28g) Grapes ½ cup (23g)</p> <p style="text-align: right;">10th</p>	<p>Roast Beef Sub Roast Beef 2 oz. meat Mozzarella Cheese ½ oz. Three Bean Salad ½ cup Cauliflower Florets ½ cup Whole Grain Sub Roll 1 each Peach Cup ½ cup</p> <p style="text-align: right;">11th</p>	<p>WG Ham & Cheese 2 oz Turkey Ham/ 1 oz Cheese / 2 slices of Bread Hot Broccoli ½ cup Sliced Tomatoes ½ cup Fresh Apple ½ cup</p> <p style="text-align: right;">12th</p>	<p>Flatbread Pizza Mozzarella 2 oz Pizza Sauce ½ cup Coleslaw ½ cup WG Flatbread 1 Bread Fresh Banana ½ cup</p> <p style="text-align: right;">13th</p>
<p>Cheese Sandwich American Cheese 1 oz. Muenster Cheese 1 oz. Potato Salad ½ cup Cherry Tomatoes ½ cup Smiley Face Cereal Bar 1 bread Pear Cup ½ cup</p> <p style="text-align: right;">16th</p>	<p>No school</p> <p style="text-align: right;">17th</p>	<p>Diced Chicken Salad Chicken 2 oz Meat Romaine Salad 1 cup / Ranch Dressing Shredded Carrots ½ cup WG Dinner Roll 1 bread Whole Grain Cereal Bar 1 Bread Fresh banana ½ cup</p> <p style="text-align: right;">18th</p>	<p>Roast Beef Sub Roast Beef 2 oz meat Mozzarella Cheese ½ oz Garbanzo Bean Salad ½ cup Cauliflower Florets ½ cup WG Sub Roll 1 each Fresh Grapes ½ cup</p> <p style="text-align: right;">19th</p>	<p>No School Lunch <i>Early Dismissal</i></p> <p style="text-align: right;">20th</p>
<p>Spring Break</p> <p style="text-align: right;">23rd</p>	<p>Spring break</p> <p style="text-align: right;">24th</p>	<p>Spring Break</p> <p style="text-align: right;">25th</p>	<p>Spring Break</p> <p style="text-align: right;">26th</p>	<p>Spring Break</p> <p style="text-align: right;">27th</p>
<p>Italian Roll Sandwich Turkey Salami 1 oz. / Turkey Bologna 2oz. American Cheese ½ oz. / WG Sub Roll 2 bread Celery Sticks ½ cup Garbanzo Bean Salad ½ cup Apple ½ cup</p> <p style="text-align: right;">30th</p>	<p>Turkey Ham / Cheese Sandwich Turkey Ham 2 oz / Swiss Cheese ½ oz Tomatoes ½ cup Broccoli ½ cup WG Bread 2 Bread Apple sauce cup ½ cup Mayo Packet/Mustard Packet/ Ranch dressing</p> <p style="text-align: right;">31st</p>			