## Breakfast Menu

#### Hamlin Upper Grade Center

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
	Tuesuay	1 WINTER RECESS! SCHOOL CLOSED	WINTER RECESS! SCHOOL CLOSED	WINTER RECESS! SCHOOL CLOSED
WINTER RECESS! SCHOOL CLOSED	7 Strawberry Nutri- Grain Bar 7 Raisins 100% Grape Juice	8 Cheerios Cereal  Light Mozzarella Cheese Stick 100% Orange Tangerine Apple Slices	9 French Toast Breakfast Bar 🚱 Raisins Fresh Orange	10 Cocoa Puffs Cereal Bar Light Mozzarella Cheese Stick 100% Juice Fruit Punch Fresh Apple
Apple Cinnamon Cheerios Cereal  Light Mozzarella Cheese Stick Applesauce	14 Grab & Go Apple Cinnamon Muffin Pack  100% Apple Juice Fresh Orange	15 French Toast Breakfast Bar   100% Orange Tangerine Apple Slices	16 Soft Filled Cinnamon Toast Crunch Bar	17 WG White Bagel Grape Jelly 100% Juice Fruit Punch Fresh Apple
MARTIN LUTHER ZING JR DAY	Golden Grahams Cereal  Graham Crackers 100% Fruit Punch Juice Raisins	22 Blueberry Muffin  Orange 100% Juice Apple Slices	23 Mini Cinnamon Pull Apart Roll @ 100% Grape Juice Fresh Orange	24 Reduced Sugar Trix  Fresh Red Delicious Apple Dried Cranberries
Red. Sugar Froot Loops Cereal  Light Mozzarella Cheese Stick 100% Grape Juice Applesauce	28 Cheerios Cereal   100% Orange Tangerine Fresh Red Delicious Apple	29 French Toast Breakfast Bar 🚱 100% Apple Juice Dried Cranberries	30 White Whole Grain Bagel Grape Jelly 100% Fruit Punch Juice Raisins	31 Strawberry Nutri- Grain Bar   100% Apple Juice Fresh Orange
on the web at www.FDM  *Consuming raw or und	Mobile app, FDMealPlanner, or MealPlanner.com. Ier cooked meat, poultry, sea- may increase your risk of food	Breakfast Includes: An Entree, Choice of		

\*\*Menu is subject to change, notice posted when available.

conditions.

borne illness, especially if you have certain medical

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

Fruit, and Choice of Milk.

Variety of Milk Offered Daily.









Smart Choice



Made With Organic Ingredients

# Breakfast Menu

#### **Lawn Manor School**

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	WWW.WHIISONS.COM							
Monday	Tuesday	Wednesday	Thursday	Friday				
		WINTER RECESS! SCHOOL CLOSED	WINTER RECESS! SCHOOL CLOSED	WINTER RECESS! SCHOOL CLOSED				
WINTER RECESS! SCHOOL CLOSED	7 Strawberry Nutri- Grain Bar 6 Raisins 100% Grape Juice	8 Cheerios Cereal © Light Mozzarella Cheese Stick 100% Orange Tangerine Apple Slices	9 French Toast Breakfast Bar 🚱 Raisins Fresh Orange	10 Cocoa Puffs Cereal Bar Light Mozzarella Cheese Stick 100% Juice Fruit Punch Fresh Apple				
Apple Cinnamon Cheerios Cereal  Light Mozzarella Cheese Stick Applesauce	14 Grab & Go Apple Cinnamon Muffin Pack  100% Apple Juice Fresh Orange	15 French Toast Breakfast Bar   100% Orange Tangerine Apple Slices	16 Soft Filled Cinnamon Toast Crunch Bar	17 WG White Bagel Grape Jelly 100% Juice Fruit Punch Fresh Apple				
MARTIN LUTHER ZING JR DAY	21 Golden Grahams Cereal  Graham Crackers 100% Fruit Punch Juice Raisins	22 Blueberry Muffin  Orange 100% Juice Apple Slices	23 Mini Cinnamon Pull Apart Roll @ 100% Grape Juice Fresh Orange	24 Reduced Sugar Trix  Fresh Red Delicious Apple Dried Cranberries				
Red. Sugar Froot Loops Cereal  Light Mozzarella Cheese Stick 100% Grape Juice Applesauce	28 Cheerios Cereal   100% Orange Tangerine Fresh Red Delicious Apple	Prench Toast Breakfast Bar  100% Apple Juice Dried Cranberries	30 White Whole Grain Bagel Grape Jelly 100% Fruit Punch Juice Raisins	31 Strawberry Nutri- Grain Bar 🚱 100% Apple Juice Fresh Orange				
on the web at www.FDM *Consuming raw or und food, shellfish or eggs r	MealPlanner, or MealPlanner, or MealPlanner.com.  Iter cooked meat, poultry, seamay increase your risk of food by if you have certain medical	Breakfast Includes: An Entree, Choice of Fruit, and Choice of						

\*\*Menu is subject to change, notice posted when available.

conditions.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

Milk.

Variety of Milk Offered Daily.









Smart Choice



Made With Organic Ingredients

### Breakfast Menu

conditions.

when available.

\*\*Menu is subject to change, notice posted

\*\*\*In accordance with federal civil rights law

and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on

#### **Meadow Lane School**



Made With Organic Ingredients

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
		WINTER RECESS! SCHOOL CLOSED	WINTER RECESS! SCHOOL CLOSED	WINTER RECESS! SCHOOL CLOSED
WINTER RECESS! SCHOOL CLOSED	7 Strawberry Nutri- Grain Bar © Raisins 100% Grape Juice	8 Cheerios Cereal © Light Mozzarella Cheese Stick 100% Orange Tangerine Apple Slices	9 French Toast Breakfast Bar 🚱 Raisins Fresh Orange	10 Cocoa Puffs Cereal Bar Light Mozzarella Cheese Stick 100% Juice Fruit Punch Fresh Apple
Apple Cinnamon Cheerios Cereal  Light Mozzarella Cheese Stick Applesauce	14 Grab & Go Apple Cinnamon Muffin Pack <b>ଡ</b> 100% Apple Juice Fresh Orange	15 French Toast Breakfast Bar 🚱 100% Orange Tangerine Apple Slices	16 Soft Filled Cinnamon Toast Crunch Bar Raisins Fresh Banana	17 WG White Bagel Grape Jelly 100% Juice Fruit Punch Fresh Apple
MARTIN LUTHER ZING JR. DAY	Golden Grahams Cereal G Graham Crackers 100% Fruit Punch Juice Raisins	22 Blueberry Muffin  Orange 100% Juice Apple Slices	23 Mini Cinnamon Pull Apart Roll @ 100% Grape Juice Fresh Orange	24 Reduced Sugar Trix  Fresh Red Delicious Apple Dried Cranberries
27 Red. Sugar Froot Loops Cereal ? Light Mozzarella Cheese Stick 100% Grape Juice Applesauce	28 Cheerios Cereal   100% Orange Tangerine Fresh Red Delicious Apple	Prench Toast Breakfast Bar 100% Apple Juice Dried Cranberries	30 White Whole Grain Bagel Grape Jelly 100% Fruit Punch Juice Raisins	31 Strawberry Nutri- Grain Bar 70 100% Apple Juice Fresh Orange
on the web at www.FDM  *Consuming raw or und food, shellfish or eggs r	nobile app, FDMealPlanner, or MealPlanner.com. ler cooked meat, poultry, sea- may increase your risk of food y if you have certain medical	Breakfast Includes: An Entree, Choice of Fruit, and Choice of		

the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Milk.

Variety of Milk Offered

Daily.

Made With Natural Ingredients

Pork